

Walk No. 6

Lambley to Alston

Area: Cumbria

14 March 2020

Map: EXP OL 31, 43

9 miles Moderate

Start: A689 Road Grid Ref: NY673578

Bowden's Banks - South Tyne Trail - Eals - Eals Bridge - The Bog - Parson Shields - Williamston - Barhaugh Park - Underbank - Isaac's Tea Trail - Randalholm Bridge - Alston

11 miles Moderate

Start: Featherstone Rowfoot Grid Ref: NY684605

Footpath to South Tyne Trail - Lambley Viaduct - South Tyne Trail - Eals - Eals Bridge - The Bog - Parson Shields - Williamston - Barhaugh Park - Underbank - Isaac's Tea Trail - Randalholm Bridge - Alston

11.5 miles Moderate

Start: Lambley Farm Grid Ref: NY674594

Oxen Hill - Pennine Way - Burnstones - Merry Knowe - South Tyne Trail - Lintley - Pennine Way - Whitley Castle - Isaac's Tea Trail - Harbut Lodge - Alston

Pub The Cumberland Inn

Telephone: 01434 381875