

Walk No. 19

Braithwaite to Cockermouth

15 September 2018

Area: Lake District

Map: OL 4

10 miles Moderate

Start: Minor Road OS Grid Ref NY218276

Woodend Brow - Beck Wythop - Wythop Woods - Kelswick - Eskin - School - Green Lonning
- Beckhouse - Hall Bank - Shatton Lodge Farm - High Stanger Farm - Southwaite Bridge -
Simonscales Mill - Oakhurst - Cockermouth

11 miles Hard

Start: Minor Road OS Grid Ref NY220263

Beckstones - Barf - Lords Seat - Broom Fell - Widow Hause - Wythop Moss - Bladder Keld -
High Side - Shatton Lodge Farm - High Stanger Farm - Simonscales Mill - Oakhurst -
Cockermouth

12 miles Strenuous

Start: Braithwaite

Sleet How - Grisedale Pike - Hopegill Head - Ladyside Pike - High Swinside Farm - Boonbeck
- Low Lorton - Stanger Spa - Low Stanger Farm - Southwaite Bridge - Simonscales Mill -
Oakhurst - Cockermouth

Pub: The Bush

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